

Control Panel

Operating Instructions

1. POWER ON

Plug the main power cord into the wall outlet. Press the “power” button one time, the control panel is now operable, but the heaters are not on. You can now use the radio/Bluetooth and lights.

2. WARMING

Press “power” button again, then the “heating” light is on, which indicates the heaters are working. To turn off the sauna, press the power button.

3. LIGHTING

The Therapy/Color light can be turned on or off by pressing “light A” button at any time. The Outside light can be turned on or off by pressing “light B” button at any time.

4. PRE-SETTING

“Set” button is for pre-setting the time you want your sauna to turn on. Press “set” button once. Pre-set the time you want your sauna to turn on with the UP/DOWN ARROWS. TEMP UP/DOWN ARROWS are for hour setting and TIME UP/DOWN ARROWS are for minute setting. The setting range is 00:00-23:59.

5. HOW TO USE BLUETOOTH CONNECTOR FOR MUSIC

- Turn on your sauna, then its inside Bluetooth device would be discoverable automatically.
- For your cell phone, Turn on Bluetooth, then select add Bluetooth or other device > Bluetooth. Choose the device name “HY”, then select. Done.

6. SAUNA TIME ADJUSTMENT

Session time can be set between 0 and 90 minutes.

- Press TIME UP/DOWN ARROWS to adjust time, time value will increase or decrease by 1 minute at a time.
- By holding down the UP/DOWN ARROWS you can speed up the rate of change.
- Time light will be lit to indicate changes being made to time setting.
- If you don’t input anything during 5 seconds, the TIME DISPLAY will stop flashing; the value will be stored in memory as preset value. Then the TIME DISPLAY value will show how much time is left in your sauna session decreasing 1 minute at a time.

7. SAUNA TEMPERATURE ADJUSTMENT

Session temperature can be set between 20°-50°C. Recommend environment temperature is 20°C and Recommend temperature settings are between 38°-54°C. For heating times and temperature ranges please refer to page 4.

- Press TEMP UP/DOWN ARROWS to adjust temperature, temperature value will increase or decrease by 1 degree at a time.
- By holding down the UP/DOWN ARROWS, you can speed up the rate of change.
- °F(or °C) will be lit to indicate changes being made to temperature setting. If you don’t input anything during 5 seconds, TEMPERATURE DISPLAY will stop; present value will be stored in memory as preset value and will be displayed at next start up. And the TEMPERATURE DISPLAY value shows the sauna room inside current temperature.
- During session time, when the temperature reaches the setting level on the control panel, “Warming” indicator light will be off, micro-control will force the heaters to stop heating and keep a constant-temperature status. The heaters will turn off and on periodically in order to maintain the desired temperature inside the sauna.

8. SWITCH BETWEEN °F AND °C

You can alternate between Fahrenheit and Celsius while in setting mode by pressing “TEMP UP/DOWN ARROWS” 2 buttons together.

